



*pho*² Gabo
VIETNAMESE NOODLE HOUSE

Welcome to Pho' Gabo

(Portland location)

Digital menu



pho² Gabo

VIETNAMESE NOODLE HOUSE

7330 NE Fremont St. Portland OR 97213

Phone: (503) 284-8355

OPEN 7 DAYS A WEEK

Mon - Sun: 10:00am - 9:00pm

VIETNAMESE SANDWICHES 7.45

(Comes with mayo butter, cucumber, cilantro, carrot, diakon, jalapeno and soy sauce)

- * Grilled Pork
- * Grilled Chicken
- * Pork Skin Shredded
- * Eggs Sandwiches
- * Tofu Sandwiches

7.95

Beef Tenderloin



13.95

BBQ Short Ribs



8.95

Lemongrass Shrimp



* Please inform us if you have any food allergies

* Consumed raw or undercook meats, eggs may increase your risk of foodborne illness * Togo add \$0.50

APPETIZERS - KHAI VỊ

| | | | |
|------------|---|----------------------------|-------------|
| 1A | Salad Rolls | Gỏi Cuốn | 6.95 |
| | Rice paper rolls with Shrimp, pork, rice noodles, bean sprouts, lettuce and side of peanut sauce | | |
| 2A | Tofu Salad Rolls | Gỏi Cuốn Chay | 6.95 |
| | Rice paper rolls with Tofu, vermicelli, bean sprouts, lettuce and side of peanut sauce | | |
| 3A | Pork skin shredded rolls | Gỏi Cuốn Bì | 6.95 |
| | Rice paper rolls with Pork skin and shredded pork, vermicelli, bean sprouts, lettuce and side house sauce | | |
| 4A | Grill Pork/Chicken Salad Rolls | Thịt Nướng/Gà Nướng | 7.25 |
| | Rice paper rolls with grilled pork vermicelli, bean sprouts lettuce and side of house sauce | | |
| 5A | Eggs Rolls | Chả Giò | 6.95 |
| | Crispy rolls with pork, shrimp, glass noodle, taro and side of house sauce | | |
| 6A | Vegetarian Rolls | Chả Giò Chay | 6.95 |
| | Crispy rolls with tofu, taro, vegetables and side of soy sauce | | |
| 7A | Crispy Fried Tofu | Đậu Hũ Chiên | 6.95 |
| | Crispy Fried Tofu served/w soy sauce | | |
| 8A | Coconut Breaded Butterfly shrimp/Tôm Chiên Dừa | | 7.95 |
| | Fried shrimp in breaded coconut | | |
| 9A | Tempura Shrimp/Tôm Chiên | | 7.95 |
| | Fried Shrimp in breaded flour | | |
| 10A | Crab Rangoon/Hoành Thánh | | 7.95 |
| | Crab meat and soft cream cheese wrapped in crispy wonton shell | | |
| 11A | Caramelized Fish Sauce Chicken Wings/Cánh Gà Chiên Nước Mắm | | 9.95 |
| | Fried chicken wings caramelized with garlic, butter, red pepper and fish sauce | | |
| 12A | Caramelized Tamarind Sauce Chicken Wings/Cánh Gà Rang Me | | 9.95 |
| | Fried chicken wings caramelized with garlic, butter, red pepper and tamarind sauce | | |



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BEEF NOODLES

S : 10.95 (Max- 3 items)

M: 11.95 (Max- 4 items)

L: 12.95 (Max- 5 items)

Our beef comes with the choicest cuts meats and rice noodles in a bowl of our delicatated beef broth with herbs, spices, onions, cilantro, served with a side of bean sprouts, jalapenos, and Asian basil

*** Extra Meat 3.00 (Thêm Thịt) 3.00**

You can choose one or more from the list:



Gabo Beef Special

(1B to 6B + egg yolk *)

Phở Gabo **14.95**

- 1B. Beef Loin strip
- 2B. Well-done brisket
- 3B. Meat Balls
- 4B. Well-done Flank
- 5B. Beef Tripe
- 6B. Tendon
- 7B. Fatty Flank
- 8B. Chicken Breast Meat
- 9B. Beef Oxtail
- 10B. Noodle with Broth
- 11B. Kids Meal

- Bò Tái
- Chín
- Bò Viên
- Nạm
- Sách
- Gân
- Gầu
- Ức Gà
- + 5.95** Đuôi Bò
- 9.95** (bánh Phở)
- 7.95**

(Under 10 years old, dine-in only)

Noodles, meat balls or well-done brisket + Soft drink



Vegetarian Noodle Soup

Reg **11.95 / Large 12.95**

Veggies & Tofu with Vegetarian
or Chicken Broth



Beef Oxtail Noodle Soup

Phở Đuôi Bò **15.95**



Filet Mignon Noodle Soup

Phở Bò Mềm **15.95**



Cage Free Chicken

Phở gà đi bộ **13.95**

Chicken breast Noodles

Phở ức gà **11.95**



Shrimp Noodle Soup

Phở Tôm **14.95**

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Bamboo Duck Noodles
Bún Măng Vịt **14.95**



Spicy Beef Noodles
Bún Bò Huế **14.95**



Crabs Noodles Soup
Bún Riêu **14.95**



Crabs or Pork Udon Soup
Bánh Canh Cua **14.95**
Bánh Canh Giò Heo



Vietnamese Beef Stew
Bò Kho **13.95**
You can choose:
Vietnamese bread / Steam rice
Egg Noodles / Rice noodle



**Deep Fried Chicken
Leg quarter
Egg Noodles Soup**
Mì Gà **13.95**



**Fermented Fish and
Seafood Noodles**
Bún Mắm **15.95**



**Cage Free Chicken
Glass Noodles**
Miến gà đi bộ **14.95**

VERMICELLI BOWL - BÚN

Fresh vermicelli rice noodle with lettuce, bean sprouts, cucumber, fried onions, pickled vegetable and peanut, served house sauce.

You can choose 1 or 2 items 12.95 - 3 items 14.95 * Beef/Shrimp Add.1.00

- Eggs Rolls/Vegetarian Rolls
- Grilled Honey Lemongrass Pork
- Stir Fry Lemongrass Pork
- Stir Fry Lemongrass Chicken
- Grilled Honey Lemongrass Chicken
- Grilled Honey Lemongrass Shrimp
- Stir Fry Lemongrass Beef *
- Shredded Pork Skin
- Fried Tofu

- Chả Giò/Chả Giò Chay
- Heo nướng sả
- Heo xào sả
- Gà xào sả
- Gà nướng sả
- Tôm nướng sả
- Bò xào sả
- Bì
- Đậu Hủ Chiên



Gabo Vermicelli Bowl
15.95



Stir fry Tofu & Vegetable 12.95
Steam Rice/ Vermicelli Noodles

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RICE PLATES - CƠM

Jasmine rice, pickled vegetable, cucumber, tomato, lettuce and a side soup, served with house sauce

You can choose one or two items 12.95 - 3 items 14.95

*** Extra Meat 3.00 (Thêm Thịt) 3.00**

Beef/Shrimp Add.1.00 *Fried rice add. 2.50

- Shredded Pork with Pork Skin
- Vietnamese Egg Meatloaf
- Fried Egg
- Grilled Honey Lemongrass Chicken
- Grilled Honey Lemongrass Pork
- Lemongrass Pork Chop*
- Grilled Honey Lemongrass Shrimp

Bì
Chả
Trứng chiên
Gà nướng sả
Heo nướng sả
Sườn cốm-lết
Tôm nướng sả



**Gabo Rice Plates
15.95**



Vietnamese
eggs meatloaf



Lemongrass
pork chop rice plate



Salty Chicken
w/ Steam Rice

- 1c. Steam Rice with Roti chicken
- 2c. Fried Rice with tofu
- 3c. Fried Rice with chicken
- 4c. Fried Rice with pork
- 5c. Stream Rice with Fish chicken wing
- 6c. Steam Rice with Salty chicken
- 7c. Fried Rice with shrimp
- 8c. Fried Rice with beef tenderloin
- 9c. Gabo Fried rice
- 10c. Steam Rice with beef and vegetable
- 11c. Steam Rice with BBQ short ribs
- 12c. Steam Rice with shaking beef tenderloin

- | | |
|----------------------------|-------|
| Cơm gà rô-ti | 12.95 |
| Cơm chiên đậu hủ | 12.95 |
| Cơm chiên gà | 12.95 |
| Cơm chiên heo | 12.95 |
| Cơm cánh gà chiên nước mắm | 12.95 |
| Cơm gà đi bộ | 13.95 |
| Cơm chiên tôm | 13.95 |
| Cơm chiên bò | 13.95 |
| Cơm chiên đặc biệt | 15.95 |
| Cơm bò xào rau cải | 15.95 |
| Cơm sườn bò | 15.95 |
| Cơm bò lúc lắc | 15.95 |



Roti chicken



Fried Rice with shrimp



Shaking Beef tenderloin



BBQ short ribs



Jumping Beef over Eggs 16.95

You can choose: Bread or Rice

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Bún đậu mắm tôm \$16.95



Gà lên mâm \$26.95



Cá Nướng da giòn \$75 and up



Lẩu Dê \$39.95



Lẩu Saté \$39.95



Bò nhúng dấm \$29.95



Chả cá Thăng Long \$17.95



Cary Dê \$15.95

SIDE ORDER

| | | | | |
|---------------------|--------------|------|---------------------|-------|
| Bread | Bánh Mì | 2.00 | Chén mắm tôm | 1.00 |
| Eggs Noodle | Mì Trứng | 2.00 | Chén mắm nêm | 2.00 |
| Steam Rice | Cơm Trắng | 2.00 | Dĩa bún | 2.00 |
| Fried Rice | Cơm Chiên | 4.95 | Dĩa rau | 5.00 |
| Side of Grill meat | Thịt Nướng | 4.95 | Nước lẩu dê | 5.00 |
| Beef or Chicken | Chén Thịt | 4.95 | Phần thịt lẩu | 15.00 |
| Bowl of Beef Oxtail | Chén Đuôi Bò | 7.95 | Phần thịt nhúng dấm | 15.00 |

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BEVERAGE - GIẢI KHÁT 4.95



Vietnamese Coffee
 Vietnamese Iced Coffee
 Vietnamese Coffee with Condensed Milk
 Vietnamese Iced Coffee w/Condensed Milk
 Fresh Limeade Iced Tea
 Fresh Limeade with Ice
 Thai Iced Tea
 Strawberry Limeade
 Coconut Juice
 Passion Fruit
 Beer (Corona, Heniken, Blue moon..
 All soft drinks (Coke, Root Beer, Diet Coke, Sprite, ...)



Cà phê đen
 Cà phê đá
 Cà phê Sữa
 Cà phê Sữa đá
 Trà đá chanh
 Đá chanh
 Trà Thái
 Chanh dâu
 Nước dừa
 Chanh Dây

1.95

SMOOTHIES/FRESH - SINH TỐ 6.45



Avocado - Durian
 Mango - Strawberry Mango
 Strawberry Banana - Pineapple
 Mixed Berry

Add Tapioca or Jelly
 (Rainbow - Lychee - Pineapple - Coconut)
 Additional .50



BUBBLE TEA: 6.45

(Included Tapioca or Jelly)

Coconut - Coffee - Honey Dew
 Kiwi - Lychee - Papaya - Passion Fruit
 Taro - Watermelon - Peach



MANGO LAGA: 6.95



The Origination of "Pho"

Pho is the pride of the Vietnamese, but when talking about "Pho", one links it to Hanoi. In 1909, business man Bach Thai Buoi started his maritime transportation business that hired many labors. The bank of the Red River became crowded with boats, henceforth food labors saw a demand. Among many peddlers there was "xao trau", a stewed buffalo meat in vermicelli soup.

Why was it buffalo meat and not beef?

Early on in the century, Vietnamese did not eat beef. Since the French liked to eat beef and it was available in the market, some vendors have replaced "xao trau" with "xao bo" (beef soup) and instead of using vermicelli in soup, they used rice cake noodle. More and more people ate beef and the buffalo meat gradually disappeared. From O Quan Chuong near the bank of the Red River, the Chinese peddlers spread through all neighborhoods of Hanoi with their "xao bo" buckets on their shoulders and they called it "nguu nhuc phan" (beef noodles)

How do we know the name "Pho" came from "Phan"

According to 2 painting by Herri Oger printed in 1909, Chinese peddler have shortened the name "nguu nhuc phan" to become "nhuc phan" and have pronounced "nhuc phan" as "nhuc pho...o".

In a poem entitled "Danh Bac" (Gamble) written by Tan Da in about 1915, he said "perhaps gamble is not for winning, to stay late in the night for eating beef noodles" (nhuc pho).

Writer Nguyen Cong Hoan has written "... in 1918, while lodging at 8 Hang Hai, sometimes I have eaten "pho", each bowl 2 cents..."

The name "Pho" has officially been published for the first time "Vietnamese Dictionary" in 1931 by publisher Khi Tri Tien Duc which clearly stated the name "Pho" was originated from "phan" and described it was a thinly sliced rice cake noodles in beef soup.

In 1943 writer Thach Lam has praised Pho in his book "Hanoi 36 Pho Phuong", writer Vu Bang has introduced Pho in his book "Mieng ngon Hanoi" published in 1952 and writer Nguyen Tuan has written a special book on Pho published in 1957.

The above theory about the origination of Pho has been widely accepted by many, however it is almost impossible to say exactly in what year Pho was first introduced in Vietnam.

Mr. Herri Oger has stayed in Vietnam for only 2 years 1908 and 1909 and when he went back to France he has published in 1909 a book described the daily life of the Vietnamese people in his own paintings. Therefore Pho has appeared sometimes in early 20th century but can not be before the year of 1909.

Source: from various sources